

# FRIDAY

<b>Multi-Cultural Family Base</b>	<b>10.00 – 12.00pm</b>	<b>PEEVERS ROOM</b>
Multi – cultural Babies and Toddlers group. To book a place, please contact the Multi – Cultural Family Base on 0131 553 4313		

<b>Walks : Leith and Foreshore</b>	<b>10.00 – 12.00pm</b> <b>Starts 27<sup>th</sup> January 2012.</b>	<b>MEET AT CENTRE</b>
City of Edinburgh Council's Adult Education Programme. To explore Leith and its rich pageant of history and important role as a part of its varied characters and its built history. We will also explore Newhaven, Granton and Portobello. To book a place on this course, please check out - <a href="http://ces.eqfl.net/programme/">http://ces.eqfl.net/programme/</a> or phone 0131 556 7978.		

<b>C – Card Direct (16+)</b>	<b>11.00 – 1.00pm</b>	<b>OFFICE</b>
C – Card Direct is for people aged 16 and over who want free condoms. No names, no judgements, no problems. Just drop in. For more information about c-card, check out <a href="http://www.ccard.org.uk">www.ccard.org.uk</a>		

<b>Children's Drama Group</b>	<b>1.15 – 2.15pm School terms.</b>	<b>LINKS ROOM</b>
Development through drama. For more information – <a href="http://www.helenogrady.com">www.helenogrady</a> or phone Glyn Owen or Claire Keppie on 0131 667 0939.		

<b>Friday Youth Activities</b>	<b>Re-start second week of January 2012.</b>	<b>SPORTS HALL/ TRINITY ROOM/CAFÉ</b>
<p><b>1.00 – 2.30pm</b> <b>Multi – Sports</b> session for P5 – P7 with qualified sports coaches. £1.00 per week.</p> <p><b>3.00 – 4.00 pm</b> <b>Junior Hip Hop</b> Classes taught by qualified dance instructor. Ages 8 – 12 years old. £1.50 per week.</p> <p><b>4.00 – 5.00 pm</b> <b>Senior Hip Hop</b> Classes taught by qualified dance instructor. Ages 12 – 18 years old. £1.50 per week.</p> <p><b>3.00 – 4.30pm</b> <b>TGI Friday</b> – a great way to kick off your weekend. Access to sports and gaming facilities. Ages 11 – 15 years old. £1.00 per week.</p> <p><b>5.00 – 6.30pm</b> <b>'Out of the Box' Boxing Club.</b> Ages 12 – 18. Boys and girls welcome. Learn to box with qualified coaches. £1.50 per week at the door - Leith Victoria Boxing Club, 28 Academy Street. For more information about all these groups, check out <a href="http://www.facebook.com/youngleithers">www.facebook.com/youngleithers</a></p>		

<b>Muay Thai Kickboxing</b>	<b>7.30 – 8.30pm</b>	<b>KINNARD HALL</b>
Muay Tai incorporates the use of hands, knees, feet and elbows making it arguably the most comprehensive of all martial arts. £4 for adults, £3 for concessions. 16 years +. For more information, check out <a href="http://www.scottishmuaythaicouncil.co.uk">www.scottishmuaythaicouncil.co.uk</a>		

<b>Leith Athletic (2006)</b>	<b>4.30 – 5.30pm October - March</b>	<b>SPORTS HALL</b>
Training session for local youth football team. For more information, check out <a href="http://www.leithathletic.org">www.leithathletic.org</a>		

<b>Leith Athletic (2002)</b>	<b>5.30 – 6.30pm October - March</b>	<b>SPORTS HALL</b>
Training session for local youth football team. For more information, check out <a href="http://www.leithathletic.org">www.leithathletic.org</a>		

<b>Boy's Brigade Sports</b>	<b>8.00 – 9.00pm</b>	<b>SPORTS HALL</b>
Sports session for 10 <sup>th</sup> Leith Boy's Brigade. For more information about the Boy's Brigade, check out <a href="http://www.thebb-edinburgh.org.uk/">http://www.thebb-edinburgh.org.uk/</a>		