

WEDNESDAY

English as a Second Language	9.30-12.00 pm Within school terms	SHORE ROOM
English language provision for speakers of other languages who are permanent residents of Edinburgh or refugees. <i>For more information: Apply via Community-based ESOL, Stevenson College Tel: 0131 535 4630</i>		
Indoor Curling (50+)	10.00 – 11.00am	SPORTS HALL
Want to try a new activity and meet new people? Do you want to find out what indoor curling is all about? Come along and join in! 50p voluntary contribution per session is welcome. For more information, please contact Kath Laing on 0131 458 2184.		
Get On Work Club	1.00 – 5.00pm	PERSEVERE ROOM
The Get On Work Club can help you with – <ul style="list-style-type: none"> • Job search and job applications • Updating your CV • Developing your interview skills • Finding out about college courses • Accessing local learning opportunities • Setting up your own ILA account • Connecting with specialist support services. Just drop in, call Gwen on 0131 557 7912 for more information or check out - www.geton-edinburgh.org.uk .		
Mi Bo So Baby Massage	2.30 – 3.30pm	PEEVERS ROOM
Teaching parents the art of baby massage and creating an environment for parents to meet and encourage one another. Baby massage is great for relieving colic, sleeplessness, constipation and reflux and encourages bonding. Cost - £35 for a 4 week course. This includes – oils, notes and refreshments. For more information, please contact - annaliese@miboso.co.uk or check out www.miboso.co.uk		
Children's Guitar Lessons	4.30 – 5.30pm	LINKS ROOM
Group guitar lessons from beginner to intermediate, for children in upper primary and S1 + S2. For more information, please contact Betty Pottinger on 0131 661 2106 or e-mail – betty@ednet.co.uk .		
Yoga (Post – beginners)	5.45 – 7.15pm	TRINITY ROOM
Yoga class for post – beginners. Adult Education class run by the City of Edinburgh Council. To book a place, check out - http://ces.egfl.net/programme/		
Leith Business Association	5.45 – 7.15pm (1st Wednesday of each month)	PERSEVERE ROOM
Regular meeting for local traders.		
Senior Youth Club	6.15 – 8.15pm	CAFÉ + SPORTS HALL
Senior Youth Club for ages 12 – 18 years old. Activities include sports, crafts, activities and residential. 50p a session. For more information, check out www.facebook.com/youngleithers		
Scrabble Club	7.00 – 9.15pm	SHORE ROOM
Come and play the board game 'Scrabble' – making a crossword-like puzzle, using 'scrabble' tiles. Open to all but some previous knowledge of playing scrabble is required. 75p each session. For more information, please contact Zandra Begg on 0131 447 1719		

Leith Art Club	6.30 – 9.15pm	LINKS ROOM
<p>Portrait and figure, experimental works with mixed media, ink and wash, collage, decoupage, making cards and painting local scenes. For more information, please phone Eileen on 332 9839 (after 5pm) or just turn up on the night.</p>		
Muay Thai Kickboxing	7.30 – 8.30pm	KINNARD HALL
<p>Learn an interesting and effective way to keep fit and defend yourself. Muay Tai incorporates the use of hands, knees, feet and elbows making it arguably the most comprehensive of all martial arts. £4 for adults, £3 for concessions. 16 years +. For more information, check out www.scottishmuaythaicouncil.co.uk</p>		
Irish Dancing (Improvers)	7.00 – 8.30pm	TRINITY ROOM
<p>Irish Dancing Classes run by The Academy of Performance Irish Dance. Some to moderate Irish dance experience is required for Improver class. £4 per class. Yearly membership for the Academy is £20 a year. For more information, please contact - info@siamsoir.co.uk</p>		